

LIKE AN AIR

Second generation
of non-invasive
face lifting and
rejuvenation
methods

—APTOS—

Light Lift[®] 

LIKE AND AIR

Light Lift threads were created on the basis of the bioabsorbable material which completely absorbs in 360 days



Because of its structure with microscopic barbs, the material is reliably fixed in soft tissues and forms a strong supporting skeleton.

The additional rejuvenating effect is created by L-lactid acid which makes skin revitalization active and slows down ageing processes from within. It is possible to reach a visible lifting effect on various areas of the face as well as on the neck.

Quick result

The use of **Light Lift** methods allows to get excellent aesthetic results without application of traditional surgical operation. Improvements are seen right after the procedure. Final results are seen after 2–3 weeks. Full rehabilitation makes 1–2 weeks but in few days the patient is capable to join a usual life rhythm. The result is maintained for 2 years on the average, but can vary on individual characteristics of the patient.

Small traumatism

The threads are inserted through pin punctures on the skin by means of a special guide-needle. The safety of **Light Lift** products is provided by the fact of using absorbable materials.

Complex approach

The combination of **Light Lift** methods with classical aesthetic operations and cosmetology procedures such as peelings, any kind of fillers, and injections of botulotoxin much more expands possibilities of the doctor, and also gives a chance to achieve the best results.

The procedure

The procedures are carried out under local anesthesia. The whole face operation takes about 30–40 minutes, and on separate facial areas it lasts 10–15 minutes.

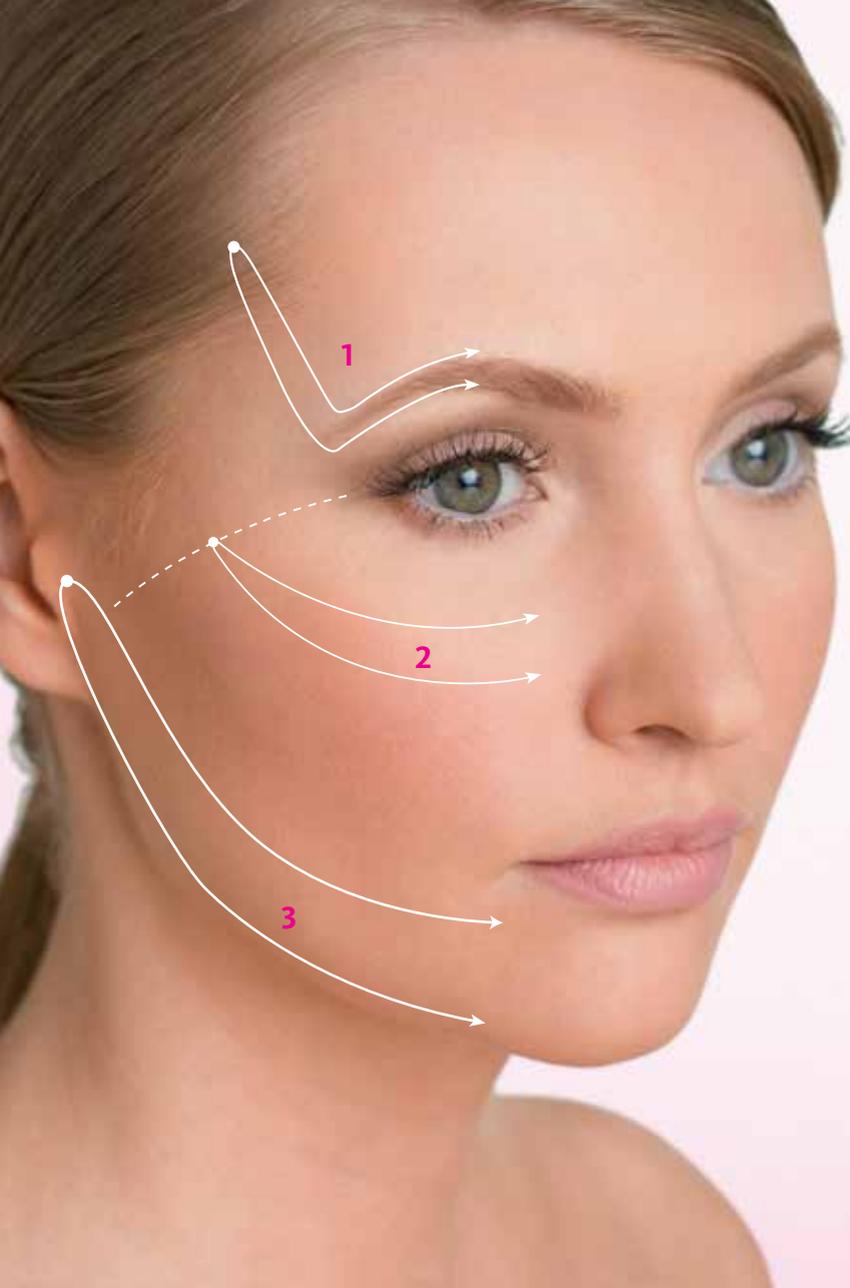
Contraindications

Acute infectious diseases, oncological pathologies, cases of blood-coagulation disorder and also inflammatory processes.

Recommendations

During 2–3 weeks after procedure patients are recommended to refrain from active contraction of mimic muscles, massage therapy and also avoid visiting fitness clubs and saunas.





Application area:

1. brow
2. cheek-bone area
3. mental area
4. submental area



Light Lift

Thread 2G

2nd GENERATION

with microscopic barbs
is fixed from both sides
to the two needles



The peculiarity of the doubled needle is that in this position it has one sharp point. Such a needle after sticking it into the required depth is separated into two, each of which then with its own thread passes through hypodermic tissues in the necessary direction.

Lifting with **Light Lift Thread 2G** is powerful, stable and long lasting, and what is more important, it does not require the skin incision. This method is easy in execution, safe, and does not leave scars.



Packing:

Caprolactone thread with barbs,
USP, 250 mm; straight cutting needle,
120 mm (x4)



Light Lift Needle 2G

2nd GENERATION

with microscopic barbs
is attached to the middle
of two needles

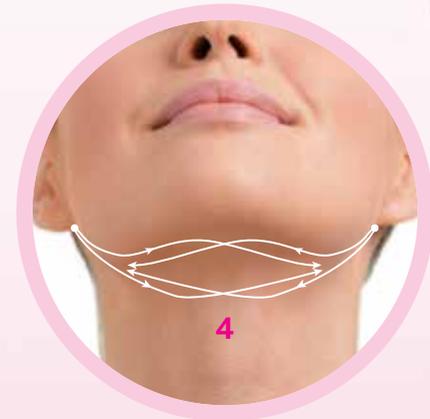
The double-pointed needles are jointed together by temporal connection and have one sharp point. In contrast to Light Lift Thread 2G, double-pointed needles allow to pass the thread along any necessary contour and create circles avoiding skin retractions. Such lifting of soft tissues is more powerful and reliable.

Because of the technology of two temporarily coupled needles with one joint edge, all manipulations are performed without skin cuts. The innovative device allows to stitch soft tissues, to group them and shift to aesthetically favorable position.



Packing:

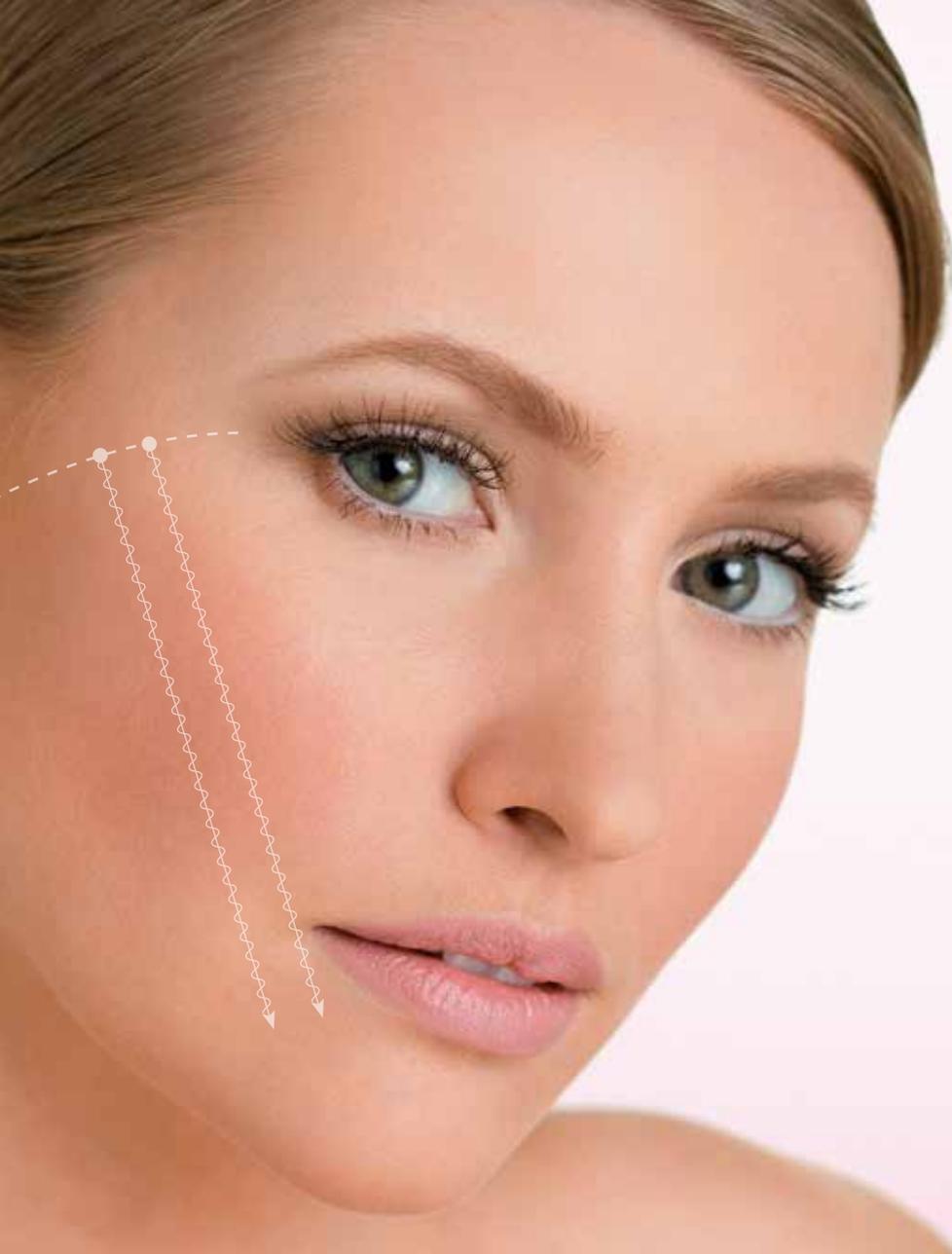
Caprolactone thread with barbs,
USP 2/0, 500 mm;
double-edged straight needle,
100 mm (x4)



Application area:

1. brow
2. cheek-bone area
3. mental area
4. submental area





Application area:
"marionette lines"



Packing:

Caprolactone spring-thread on a needle,
USP 2/0; needle 0.9 x 90 mm (x2),
needle 1.1 4 100 mm (x2)

Light Lift Spring

ingenious suture material
in the form of small springs
fixed on a needle

Light Lift Spring is implanted subcutaneously into the required facial area and solves the problem of sagged corners of the lips, removes so-called marionette lines.

Light Lift Spring makes it possible to shift upwards the above-mentioned soft tissue areas, simultaneously participating in contraction and relaxation of the mimic muscles and not disfiguring the facial expression.





Frequently asked questions

How painful is the procedure?

The procedure is carried out using anesthesia, however some patients can experience unpleasant feelings. Also, the increased sensitivity to pain is observed during menstruation, so it is recommended to carry out the correction after this period.

What complications may occur?

Complications after the thread lifting are quite rare. Emergency situations are: hematomas; inflammatory processes; asymmetry, overcorrection; thread contouring; linear hemorrhage during the thread installation; indrawns of the skin at the puncture site.

Is the prior preparation required?

Prior training is not required. However approximately in a week before the correction it is desirable to abandon usage of some medicaments (for example, aspirin, dipyridamole, pentoxifylline, xantinol nicotinate, etc.) and biologically active additives (BAA) that affect blood clotting. Before the procedure it is necessary to fill out patient's form, recommended by Aptos Company.

How soon will be the effect visible?

The result is visible immediately after the procedure and is becoming better by the end of the second week. Correction should be done not often than in 2 months. The number of procedures is determined individually by the physician.

How long does the effect from the procedure last?

Duration of the effect depends on the zone and type of correction and the type of introduced threads. When using absorbable materials, it is stored on a year and a half or two, nonabsorbable — 2–5 years.

How long does the rehabilitation period last?

Rehabilitation period lasts on average from one to two weeks. At this time, there may be asymmetry, swelling, bumps, bruises, hematomas, retractions, contouring threads. Such manifestations are normal for rehabilitation period and may continue from one week to three months.

One can shorten the recovery period by:

1. **Lymphomyosot** — 15 drops 1–2 times a day (possible contraindications, consult your doctor).
2. **Plazmolifting** — before or after correction (not more than 3–4 procedures).
3. **Microcurrent therapy** and other rehabilitation procedures — next day after the procedure and during the recovery period.



Since 1996 Aptos techniques have been successfully applied by the specialists in many countries of the world and gained prestige international awards

nano

Any age patients

Aptos Nano makes true what seemed impossible earlier — any wrinkle on any skin, even very thin skin, may be smoothed out using an ultrathin absorbable thread.

This is the most delicate of all minimally invasive Aptos techniques. It is very simple and the aesthetic result is seen immediately without rehabilitation period.

excellence

30+ patients

A breakthrough minimally traumatic face and body contouring technique with a slight lift effect using absorbable suture threads. Advanced thread structure and a special insertion technique through a single puncture by means of a special design blunt-ended cannula that separates tissues without injuring them provide for the minimum trauma. The technique is recommended for treating the first signs of ageing.

surgical

50+ patients

Surgical thread techniques with using non-absorbable materials provide an alternative to the conventional plastic facelift surgery. Aptos Surgical technique is used to lift the soft tissues moving them, to mold the facial features and to contour the body. The technique involves up to 5 mm incisions and is recommended for treating intense signs of ageing.

The background of the slide features several overlapping, flowing ribbons of varying shades of pink and magenta. These ribbons create a sense of movement and depth, starting from the bottom left and extending towards the top right. The overall aesthetic is clean, modern, and artistic.

KNOW HOW

The Aptos company organizes educational courses and trainings on all Aptos methods. If you want to participate or ask any questions, please contact us.

All products and methods are patented and certified in Europe (patent # 1075843, patent # 202 21 118.5)



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